

# Overview of Healthcare Services



Helping you build  
a healthy life

**Upland Hills**<sup>®</sup>  
Health 

The logo for Upland Hills Health features the company name in a bold, blue, sans-serif font. A small red heart is positioned above the letter 'i' in 'Hills'. Below the name, there is a red graphic element consisting of a curved line that starts under 'Health' and extends to the right, ending under 'Hills'. The entire logo is set against a white background.

## OUR MISSION

We are a community-minded healthcare system providing innovative, individualized and compassionate care for every stage of life.

## OUR VISION

To exemplify the highest standard of community healthcare and inspire patients to take an active role in their health through wellness-oriented care.

## OUR VALUES

- Sensible** Approach decisions in a practical way, guided by common sense.
- Holistic** Focus on the patient as a whole person and not a set of symptoms.
- Affordable** Bring care to all who need it.
- Respectful** Treat all as we want to be treated.
- Inspirational** Be the standard of community health and wellness.
- Nurturing** Provide medical care with support and encouragement.
- Genuine** Show honest concern for those we serve and passion for what we do.

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**Statement of Nondiscrimination** Upland Hills Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-804-4271 (TTY: 1-608-930-0008).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-844-804-4266 (TTY: 1-608-930-0008).



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## **EMERGENCY AND URGENT CARE**

- Emergency Hours: 24 hours a day, seven days a week.
- Staffed by board-certified emergency physicians from Madison Emergency Physicians.
- Door to doctor average wait time is less than 10 minutes.
- Just seconds off of Hwy 151, Exit 44.
- Urgent Care:  
weeknights from 5 PM to 10 PM,  
weekends from 9 AM to 10 PM,  
and holidays.



## **INTENSIVE CARE/ MEDICAL SURGICAL UNIT**

- Every patient, every time. It is our goal to provide the comfort, privacy and outstanding care needed to bring you back to good health.
- Intensive Care Unit and Post-Anesthesia Care Unit.
- Management of cardiac and pulmonary diseases, diabetes, and complex medical conditions.



608.930.7139

## BIRTH CENTER

- As one of the premier birthing centers in Southwest Wisconsin, we're known for an unsurpassed level of quality care. At nearly 250 births a year we are experienced, yet able to provide exceptional, personal attention.
- Highly-specialized nursing staff, experienced doctors, obstetricians, OB/GYNs and surgical staff — prepared for more complex C-section deliveries when needed.
- Relaxing, home-like birthing suites that are spacious and private.
- Classes offered to guide new mothers and families through labor, delivery, recovery, postpartum and nursery care.



608.930.7200, ext. 3300

## SWING BED REHABILITATION

- Swing bed care is a comprehensive skilled nursing care and rehabilitation program, right in our hospital for patients following an illness or surgery.
- Physicians direct their patient's care and work closely with our team of nurses, nurse case managers, therapists, nursing assistants, medical social workers, registered dietitians, and cardiopulmonary therapists.
- Swing Bed allows patients to stay close to home near family and friends while they recover.
- The goal of the Swing Bed Program is to safely return patients home with the physical ability to function well independently.



608.930.7194

## LABORATORY SERVICES

Upland Hills Health Laboratory is a full service, comprehensive and clinical laboratory. It is staffed by board-certified laboratory professionals and offers services in the following areas:

- Microbiology
- Chemistry
- Hematology
- Immunology
- Transfusion Medicine
- Frozen Pathology Section Consultation
- Industrial testing for local employers

Physician orders are required for patient testing.

Outpatient hours:

Monday - Friday, 6:30 am - 6:00 pm

Saturday by appointment only,  
6:30 am - 11:00 am





608.930.7194

## IMAGING

- 3D Mammography detects 41% more invasive breast cancers and reduces false positives by up to 40%.
- State-of-the-art, in-house, Magnetic Resonance Imaging (MRI), designed to help maximize patient comfort with wider patient space, a table surface with cushions that alleviate pressure points, and uncompromised imaging capability.
- Computed Tomography (CT scan) with a new 64-slice CT scanner with low-dose ASiR software. This remarkable technology will provide images at decreased radiation without compromising image quality.  
**Technicians are able to customize the radiation dose based on a patient's body size and the area being imaged.** Limiting dose is especially critical when imaging pediatric patients.
- Revolutionized fluoroscopy which creates real-time, moving images of inside the body.

**Upland Hills**<sup>®</sup>  
Health 

**HEALTHCARE CENTERS**



608.930.7194

## **THERAPY & WELLNESS CENTER**

**A great resource for improving your overall health and well-being.**

- Acupuncture
- Aquatic Therapy  
(Mineral Point Therapy Center)
- Fitness Center, Classes and Personal Training – Memberships available to the public. To sign up for fitness classes or a membership, call 930-7147.
- Massage Therapy
- Occupational Therapy
- Orthopedics and Sports Medicine
- Physical Therapy
- Speech Therapy
- Two locations: Dodgeville and Mineral Point



608.930.7194

## HEART, LUNG & SLEEP CENTER

- Patients work with a multi-disciplinary team consisting of registered nurses, exercise physiologists, respiratory therapists and nutritionists to recover functionally and emotionally after a cardiac event.
- Cardiac rehabilitation and testing.
- Pulmonary rehabilitation and testing.
- Health maintenance programs.
- Cancer empowerment program ***Fit to Fight*** – the only program of its kind in Wisconsin. Awarded the 2014 American Association of Cardiovascular and Pulmonary Rehabilitation Innovation Award.



608.930.7600

## **NURSING & REHABILITATION CENTER**

### **Long-term Resident Services**

- Our five-star rated, award winning facility is designed with four residential “households” that feel like small neighborhoods within a community.
- Secure and relaxing atmosphere.
- Many performances and activities take place on a regular basis.
- Stunning foyer creates a warm and friendly environment for those needing both short and long term care.
- Each household has its own living room, dining area, small private den, parlor and porch.
- Beautifully landscaped courtyard.



## **NURSING & REHABILITATION CENTER**

### **Short-term Resident Rehabilitation Services**

- A welcoming place to rebuild strength after illness or surgery, to help you manage tasks at home.
- Residents set their own schedule. Nursing staff will arrange physical therapy appointments, bathing and meals at the patient's request.
- A team of nurses work with you to help you build the strength and skill needed to return home.
- Hospital services close by, on campus.



608.930.7176

## FRESENIUS DIALYSIS CENTER

- A Dialysis Center and a dedicated team is available on our Dodgeville Campus.
- Hours: 5:45 am - 5:00 pm Monday, Wednesday and Friday.



**CLINICS**



608.935.7115

## GENERAL SURGERY CLINIC

### Exceptional Quality

- Patient experience and quality scores that rival larger hospitals — consistently above state and national average. See how we compare at: [medicare.gov/hospitalcompare](https://www.medicare.gov/hospitalcompare)
- New surgical suite opened September of 2019
- New, private prep and recovery rooms
- New, private patient rooms, with natural light and calming views

### Comfortable Experience

- A unique anesthesia experience with less chance of nausea when you wake up
- A short, easy drive with no traffic, park right out front—a less stressful experience for you AND your driver
- Personal caring attention before and after surgery from friendly, experienced nurses



608.930.7115

## SPECIALTY SURGERY

**Ask Your Doctor if your surgery can be done in Dodgeville.**

- Ear Nose & Throat Surgery
- Eye Surgery
- Breast Surgery
- Gynecological Surgery
- Orthopedic Surgery
- Podiatry: Ankle & Foot Surgery
- Urological Surgery
- Colonoscopy
- General Surgery (appendectomy, bowel, gall bladder, etc.)

For a complete list of surgeries and procedures, visit [uplandhillshealth.org/surgeries](http://uplandhillshealth.org/surgeries)



608.930.7115

## OB/GYN CLINIC AND WOMEN'S HEALTH

Women can choose from an extraordinary team of OB/GYN specialists at Upland Hills Health.

**Dr. Jenifer Dankyi, Dr. Barbara Hostetler, Dr. Timothy Raichle and Dr. Maria Sandgren** work together to provide outstanding care through every stage of life.

- Annual Exams, Screenings and Primary Care
- Adolescent Gynecology
- Mature Woman Gynecology
- Reproductive Health
- Pregnancy and Childbirth
- Perimenopause and Menopause
- Breast Health
- Incontinence Treatment
- Nutrition and Fitness
- Acupuncture and Massage
- Healthy Sleep
- Digestive Health
- Bone Health
- Heart Health
- Home Care & Hospice



## **FAMILY PRACTICE CLINICS**

### **Dodgeville Medical Center of Upland Hills Health**

1204 Joseph Street, Dodgeville, WI 53533  
608.935.2308

### **Mineral Point Medical Center of Upland Hills Health**

104 High Street, Mineral Point, WI 53565  
608.987.2346

### **Providers for BOTH Dodgeville and Mineral Point locations:**

Dr. Karen Berger, Family Medicine

Dr. Sarah Fox, Family Medicine

Dr. Gordon Grieshaber, Family Medicine

Dr. Gary Grunow, Family Medicine

Dr. Rachel Hartline, Family Medicine with  
Obstetrics (Dodgeville only)

Dr. Timothy Raichle, OB/GYN

Melissa Delaney, PA-C

Matthew Benish, PA-C

Chelsey Wallace Bawden, APNP

Dawn Weets, APNP



## FAMILY PRACTICE CLINICS

### **Upland Hills Health Barneveld Clinic**

103 Quail Ridge Drive, Barneveld, WI 53507  
608.924.1088

#### **Providers:**

Dr. Jodi McGraw, Family Medicine  
Dawn Weets, APNP

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### **Upland Hills Health Highland Clinic**

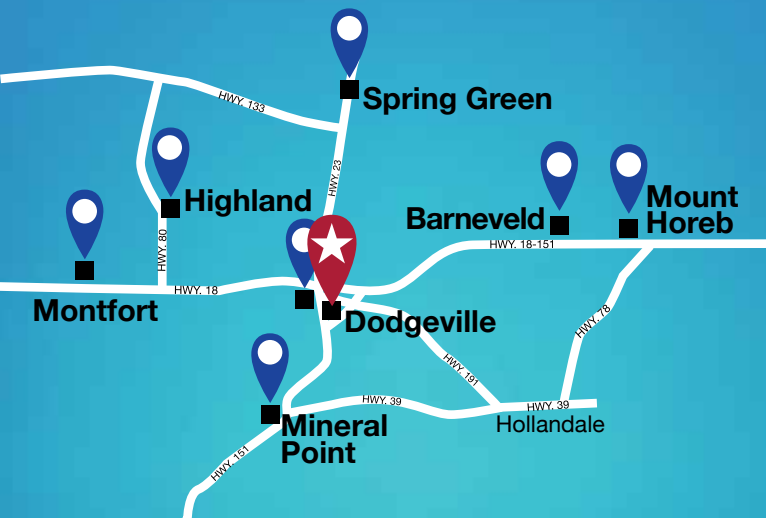
723 N. Main Street, Highland, WI 53543  
608.929.4518

### **Upland Hills Health Montfort Clinic**

202 W. U.S. Highway 18, Montfort, WI 53569  
608.943.6308

#### **Providers for BOTH Highland and Montfort locations:**

Dr. Rachel Hartline, Family Medicine with Obstetrics  
Cynthia Griffin, APNP  
Misty Nemitz, APNP



## SEVEN CONVENIENT LOCATIONS

### **Upland Hills Health Mount Horeb Clinic**

North Cape Suites, 1809 Springdale St.  
Mount Horeb, WI 53572 | 608.437.8033

#### **Providers:**

Dr. Joseph Berg, Family Medicine  
Dr. Jenifer Dankyi, OB/GYN  
Dr. Jodi McGraw, Family Medicine  
Dr. Maria Sandgren, OB/GYN  
Rosie Morrey, APNP

### **Upland Hills Health Spring Green Clinic**

156 W. Jefferson St., Spring Green, WI 53588  
608.588.2600

#### **Providers:**

Dr. Jodi McGraw, Family Medicine  
Rosie Morrey, APNP

### **Additional Family Medicine Clinics in Our Area:**

Physicians at the following family practice clinics may refer patients to the healthcare services outlined in this brochure. For a list of providers visit [uplandhillshealth.org](http://uplandhillshealth.org).

#### **SSM Health-Dean Medical Group**

- Dodgeville 608.935.3301
- Mineral Point 608.987.2391
- Lands' End, Dodgeville 608.935.6577

Upland Hills Health,  
working to bring  
specialists to Dodgeville  
to meet the health  
needs of our community.

## SPECIALTY CLINICS

### VISITING SPECIALISTS

- Audiology 608.930.7194  
*Rural Wisconsin Health Cooperative*
- ENT (Ear Nose & Throat)  
608.930.7194, 608.417.6175 *UW Health*
- Pain Management 888.901.7246  
*Advance Pain Mgt.*
- Podiatry 608.930.7194 *Associated Podiatrists*
- Urology 608.930.7194 *UW Health*

### SSM HEALTH-DEAN MULTI SPECIALTY CLINIC

833 S. Iowa Street, Dodgeville, WI 53533  
608.937.7000

- Allergy
- Cardiology
- Dermatology
- ENT (Ear Nose & Throat)
- Neurology
- Oncology
- Podiatry
- Pulmonary Medicine
- Rheumatology
- Sleep Disorders
- Urology

*For a complete listing visit [UplandHillsHealth.org](http://UplandHillsHealth.org)*



## **ADDITIONAL SERVICES**



608.930.7210

## HOME CARE

**Home is where you want to be.  
Confident is how you want to feel.**

- Supported by health experts at Upland Hills Health Center and Hospital.
- Complete range of home health services including: skilled nursing care, physical therapy, occupational therapy, speech therapy, medical social services, home health aides, infusion therapy, diabetes treatment, catheterization, ostomy care, lab testing, wound care.
- Quality in-home healthcare.
- A registered nurse is on call 24-hours a day, 7 days a week.



608.930.7210

## HOSPICE

### **Comfort, care and support for you and those you love.**

- Our hospice team includes: physicians, advanced practice nurse practitioners, nurses, social workers, support and bereavement counselors, therapists, spiritual support, home health aides and volunteers.
- Hospice care is available to terminally ill people who no longer seek curative treatment and whose life expectancy is measured in months rather than years.
- A registered nurse is on call 24-hours a day, 7 days a week.

**Helping you feel confident with your decisions...so you can embrace life when it matters most.**



608.930.7194

## NUTRITION

Our team of Registered Dietitian Nutritionists provide nutrition education to patients at Upland Hills Health and nutrition counseling for conditions such as heart healthy eating, weight management, Celiac disease, diabetes, etc.

Don't be surprised if you find them out in our communities, working to help all of us make positive changes in the way we shop, prepare food and eat. They have delicious and healthy recipes that they are always willing to share.

Watch for their next:

- grocery store tour,
- weekly nutrition article in local newspapers,
- *Nutrition Made Simple* blog at [uplandhillshealth.org](http://uplandhillshealth.org), and
- cooking and nutrition videos on YouTube.com  
Go to YouTube.com, search for the Upland Hills Health Channel, and subscribe!



608.348.6250

## UPLAND HILLS HOMETOWN MEDICAL EQUIPMENT

490 E. Business Hwy. 151, Platteville, WI 53818

Dedicated to making daily living easier for those with health challenges. The easy-to-access showroom displays the latest in daily living accessories and home medical equipment. Plus it's all backed by a team of knowledgeable therapists and staff that can help meet your needs.

- Respiratory Services: Oxygen, CPAP/BIPAP, Nebulizers, Bili Lights.
- Walkers, Wheelchairs, Lift Chairs.
- Canes, and more.





608.935.0211

## CRESTRIDGE SENIOR LIVING

219 Grace St., Dodgeville, WI 53533

CrestRidge Senior Living includes assisted living and memory care services. It is the culmination of a vision between local hospital Uplands Hills Health and ElderSpan Management to provide exceptional care and living options to seniors and their families in the charming community of Dodgeville.

This continuum of care campus is designed to keep seniors as independent, active and connected to friends and the local community as possible.





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156 W. Jefferson St., Spring Green, WI 53588 • 608.588.2600

## **Upland Hills Health Hospital Campus**

800 Compassion Way, Dodgeville WI, 53533  
608.930.8000 • [www.uplandhillshealth.org](http://www.uplandhillshealth.org)

**Most insurance plans accepted.**

