

Overview of Healthcare Services



Helping you build
a healthy life

Upland Hills[®]
Health

our MISSION

We are a community-minded healthcare system providing innovative, individualized and compassionate care for every stage of life.

our VISION

To exemplify the highest standard of community healthcare and inspire patients to take an active role in their health through wellness-oriented care.

our VALUES

<u>Sensible</u>	Approach decisions in a practical way, guided by common sense.
<u>Holistic</u>	Focus on the patient as a whole person and not a set of symptoms.
<u>Affordable</u>	Bring care to all who need it.
<u>Respectful</u>	Treat all as we want to be treated.
<u>Inspirational</u>	Be the standard of community health and wellness.
<u>Nurturing</u>	Provide medical care with support and encouragement.
<u>Genuine</u>	Show honest concern for those we serve and passion for what we do.

Statement of Nondiscrimination Upland Hills Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-804-4271 (TTY: 1-608-930-0008).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-844-804-4266 (TTY: 1-608-930-0008).



5-Star Patient
Experience
Press Ganey



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EMERGENCY AND URGENT CARE

- Emergency Hours: 24 hours a day, seven days a week.
- Staffed by board-certified emergency physicians from Madison Emergency Physicians.
- Door to doctor average wait time is less than 10 minutes.
- Just seconds off of Hwy 151, Exit 44.
- Urgent Care:
weeknights from 5 PM to 10 PM,
weekends from 9 AM to 10 PM,
and holidays.



INTENSIVE CARE/ MEDICAL SURGICAL UNIT

- Every patient, every time. It is our goal to provide the comfort, privacy and outstanding care needed to bring you back to good health.
- Intensive Care Unit and Post-Anesthesia Care Unit.
- Management of cardiac and pulmonary diseases, diabetes, and complex medical conditions.



608.930.7139

BIRTH CENTER

- As one of the premier birth centers in Southwest Wisconsin, we're known for an unsurpassed level of quality care. At nearly 250 births a year we are experienced, yet able to provide exceptional, personal attention.
- Highly-specialized nursing staff, experienced doctors, obstetricians, OB/GYNs and surgical staff — prepared for more complex C-section deliveries when needed.
- Relaxing, home-like birthing suites that are spacious and private.
- Education offered to guide new mothers and families through labor, delivery, recovery, postpartum and nursery care.



608.930.7200, ext. 3300

SWING BED REHABILITATION

- Swing bed care is a comprehensive skilled nursing care and rehabilitation program, right in our hospital for patients following an illness or surgery.
- Physicians direct their patient's care and work closely with our team of nurses, nurse case managers, therapists, nursing assistants, medical social workers, registered dietitians, and cardiopulmonary therapists.
- Swing Bed allows patients to stay close to home near family and friends while they recover.
- The goal of the Swing Bed Program is to safely return patients home with the physical ability to function well independently.



608.930.7194

IMAGING

From CT scans for broken bones to mammograms and MRIs, our diagnostic Imaging Department has the best equipment and staff to provide you with a quick and accurate diagnosis.

- True Digital and 3D Mammography detects 41% more invasive breast cancers and reduces false positives by up to 40%.
- Stereotactic breast biopsy improves the quality, accuracy and ease of breast biopsies. By offering this service, women no longer have to travel to receive this method of breast biopsy, which is considered the most accurate technology available for breast disease diagnosis.



608.930.7194

IMAGING

- State-of-the-art, in-house, Magnetic Resonance Imaging (MRI), designed to help maximize patient comfort with wider patient space, a table surface with cushions that alleviate pressure points, and uncompromised imaging capability.
- Computed Tomography (CT scan) with a 64-slice CT scanner with low-dose ASiR software. This remarkable technology will provide images at decreased radiation without compromising image quality.
Technicians are able to customize the radiation dose based on a patient's body size and the area being imaged. Limiting dose is especially critical when imaging pediatric patients.
- Revolutionized fluoroscopy which creates real-time, moving images of inside the body.



608.930.7194

LABORATORY SERVICES

Upland Hills Health Laboratory is a full service, comprehensive and clinical laboratory. It is staffed by board-certified laboratory professionals and offers services in the following areas:

- Microbiology
- Chemistry
- Hematology
- Immunology
- Transfusion Medicine
- Frozen Pathology Section Consultation
- Industrial testing for local employers

Physician orders are required for patient testing.

Outpatient hours:

Monday - Friday, 7:00 am - 6:00 pm

Saturday by appointment only,
8:00 am - 10:30 am

HEALTHCARE CENTERS



608.930.7147 Dodgeville | 608.987.2574 Mineral Point

THERAPY & WELLNESS CENTER

A great resource for improving your overall health and well-being.

- Acupuncture
- Aquatic Therapy
(Mineral Point Therapy Center)
- Fitness Center, Classes and Personal Training –
Memberships available to the public.
- Massage Therapy
- Occupational Therapy
- Orthopedics and Sports Medicine
- Physical Therapy
- Speech Therapy
- Two locations: Dodgeville and Mineral Point



608.930.7194

HEART, LUNG & SLEEP CENTER

- Cardiac and pulmonary rehabilitation and testing, and health maintenance programs.
- Sleep specialists help identify sleep disorders and offer possible treatment plans.
- A team of registered nurses, exercise physiologists, respiratory therapists and nutritionists help patients recover functionally and emotionally after a cardiac event.
- Our cancer empowerment program ***Fit to Fight*** – the only program of its kind in Wisconsin.
- **EECP Therapy**, a simple non-invasive solution to the complex problem of angina. One of only 6 locations in Wisconsin.



608.930.7600

NURSING & REHABILITATION CENTER

Long-term Resident Services

- Our award winning facility is designed with four residential “households” that feel like small neighborhoods within a community.
- Secure and relaxing atmosphere.
- Many performances and activities take place on a regular basis.
- Stunning foyer creates a warm and friendly environment for those needing both short and long term care.
- Each household has its own living room, dining area, small private den, parlor and porch.
- Beautifully landscaped courtyard.



NURSING & REHABILITATION CENTER

Short-term Resident Rehabilitation Services

- A welcoming place to rebuild strength after illness or surgery, to help you manage tasks at home.
- Residents set their own schedule. Nursing staff will arrange physical therapy appointments, bathing and meals at the patient's request.
- A team of nurses and therapists work with you to help you build the strength and skill needed to return home.
- Hospital services close by, on campus.

800.881.5101 | 608.319.0373

FRESENIUS KIDNEY CARE DODGEVILLE

- A Dialysis Center is available on the Upland Hills Health Dodgeville Campus.
- For hours of operation call or visit:
FreseniusKidneyCare.com

CLINICS



608.935.7115

UHH SPECIALTY CLINICS

Our patient experience and quality scores rival larger hospitals – we rank consistently above state and national average.

See: www.medicare.gov/hospitalcompare

Endocrinology

- Appointments available in-person or via telemedicine.
- Diabetes
- Thyroid disease or disorder
- Osteoporosis, and more

General Surgery

- General surgery procedures such as appendectomy, colonoscopy, hernia repair, etc.
- Wound Care

OB/GYN and Women's Health

- Puberty and Adolescence
- Fertility and Pregnancy
- Health Maintenance and Menopause



608.935.7115

UHH SPECIALTY CLINICS

Orthopedics: Bone & Joint Health

- Knee and hip replacement
- Shoulder and knee arthroscopy and repair
- Carpal tunnel release, and more

Pain Management

- Epidural Steroid Injection
- Radiofrequency Ablation, and more

Podiatry: Foot and Ankle

- Foot pain
- Sprains and Fractures
- Sports Injuries
- Wound Care, and more



608.930.7115

OVER 60 TYPES OF SURGERY

Ask Your Doctor if your surgery can be done in Dodgeville:

- Ear Nose & Throat Surgery
- Eye Surgery
- Breast Surgery
- Gynecological Surgery
- Orthopedic Surgery
- Pain Management Procedures
- Podiatry: Ankle & Foot Surgery
- Urological Surgery
- Colonoscopy
- General Surgery (appendectomy, bowel, gall bladder, etc.)
- Varicose vein treatment

For a complete list of surgeries and procedures, visit
uplandhillshealth.org/services/surgery



FAMILY PRACTICE CLINICS

Dodgeville Medical Center of Upland Hills Health

1204 Joseph Street, Dodgeville, WI 53533
608.935.2308

Dr. Sarah Fox, Family Medicine

Dr. Gary Grunow, Family Medicine

Dr. Rachel Hartline, Family Medicine with Obstetrics

Dr. Courtney Reynolds, Family Medicine

Melissa Delaney, PA-C

Shelby Seman, APNP

Chelsey Wallace Bawden, APNP

Dawn Weets, APNP

Mineral Point Medical Center of Upland Hills Health

104 High Street, Mineral Point, WI 53565
608.987.2346

Dr. Karen Berger, Family Medicine

Dr. Sarah Fox, Family Medicine

Dr. Timothy Raichle, OB/GYN

Dr. Sarah Schaaf

Melissa Delaney, PA-C

Matthew Benish, PA-C

Shelby Seman, APNP

Chelsey Wallace Bawden, APNP



FAMILY PRACTICE CLINICS

Upland Hills Health Barneveld Clinic

103 Quail Ridge Drive, Barneveld, WI 53507
608.924.1088

Providers:

Dr. Jodi McGraw, Family Medicine
Cindi Griffin, APNP
Megan Keesey, APNP
Rosie Morrey, APNP

Upland Hills Health Highland Clinic

723 N. Main Street, Highland, WI 53543
608.929.4518

Providers:

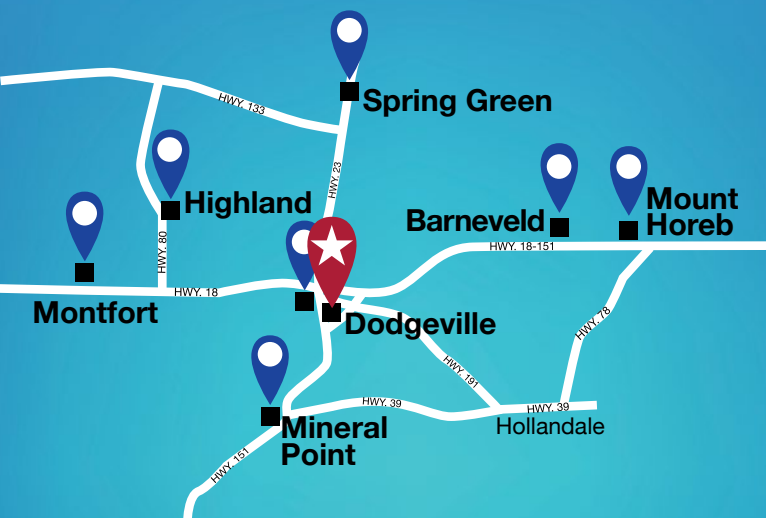
Dr. Rachel Hartline
Cindi Griffin, APNP
Misty Nemitz, APNP

Upland Hills Health Montfort Clinic

202 W. U.S. Highway 18, Montfort, WI 53569
608.943.6308

Providers:

Dr. Rachel Hartline
Megan Keesey, APNP
Misty Nemitz, APNP
Stephanie Wanek, APNP



SEVEN CONVENIENT LOCATIONS

Upland Hills Health Mount Horeb Clinic

North Cape Suites, 1809 Springdale St.
Mount Horeb, WI 53572 | 608.437.8033

Providers:

Dr. Joseph Berg, Family Medicine
Dr. Jenifer Dankyi, OB/GYN
Dr. Jodi McGraw, Family Medicine

Upland Hills Health Spring Green Clinic

156 W. Jefferson St., Spring Green, WI 53588
608.588.2600

Providers:

Dr. Jodi McGraw, Family Medicine
Rosie Morrey, APNP
Dr. Courtney Reynolds, Family Medicine

Additional Family Medicine Clinics in Our Area:

Physicians at the following family practice clinics may refer patients to the healthcare services outlined in this brochure. For a list of providers visit uplandhillshealth.org.

SSM Health-Dean Medical Group

- Dodgeville 608.935.3301
- Mineral Point 608.987.2391

Upland Hills Health,
working to bring
specialists to Dodgeville
to meet the health
needs of our community.

SPECIALTY CLINICS

VISITING SPECIALISTS

- Allergy, Asthma & Immunology 608.287.2600
UW Health
- Audiology 608.930.7194
Rural Wisconsin Health Cooperative
- Podiatry 608.930.7194 *Associated Podiatrists*
- Urology 608.930.7194 *UW Health*

SSM HEALTH-DEAN MULTI SPECIALTY CLINIC

833 S. Iowa Street, Dodgeville, WI 53533
608.937.7000

- | | |
|---------------------------|----------------------|
| • Allergy & Immunology | • Podiatry |
| • Cardiology | • Pulmonary Medicine |
| • Dermatology | • Rheumatology |
| • ENT (Ear Nose & Throat) | • Sleep Disorders |
| • Neurology | • Urology |
| • Oncology | |

For a complete listing visit UplandHillsHealth.org

ADDITIONAL SERVICES



608.930.7210

HOME CARE

**Home is where you want to be.
Confident is how you want to feel.**

- Supported by health experts at Upland Hills Health Center and Hospital.
- Complete range of home health services including: skilled nursing care, physical therapy, occupational therapy, speech therapy, medical social services, home health aides, infusion therapy, diabetes treatment, catheterization, ostomy care, lab testing, wound care.
- Quality in-home healthcare.
- A registered nurse is on call 24-hours a day, 7 days a week.



608.930.7210

HOSPICE

Comfort, care and support for you and those you love.

- Our hospice team includes: physicians, advanced practice nurse practitioners, nurses, social workers, support and bereavement counselors, therapists, spiritual support, home health aides and volunteers.
- Hospice care is available to terminally ill people who no longer seek curative treatment and whose life expectancy is measured in months rather than years.
- A registered nurse is on call 24-hours a day, 7 days a week.

Helping you feel confident with your decisions...so you can embrace life when it matters most.



608.930.7194

NUTRITION COUNSELING AND DIABETES MANAGEMENT

Our team of Registered Dietitian Nutritionists provide nutrition education to patients at Upland Hills Health and nutrition counseling for conditions such as heart healthy eating, weight management, Celiac disease, diabetes, etc.

When you need food and nutrition information based on fact or need to know how a healthy diet improves health and fights disease – rely on qualified professionals in the field. Our Registered dietitians draw on their experience to develop a personalized nutrition plan for individuals of all ages. They will put you on the path to a healthy weight, eating healthfully and reducing your risk of chronic disease.



608.348.6250

UPLAND HILLS HOMETOWN MEDICAL EQUIPMENT

490 E. Business Hwy. 151, Platteville, WI 53818

Dedicated to making daily living easier for those with health challenges. The easy-to-access showroom displays the latest in daily living accessories and home medical equipment. Plus it's all backed by a team of knowledgeable therapists and staff who can help meet your needs.

- Respiratory Services:
Oxygen, CPAP/BIPAP,
Nebulizers, Bili Lights
- Walkers, Wheelchairs, Lift Chairs
- Electric Scooters
- Canes
- Sports Medicine braces and supports,
Shower Chairs and Rails, and more.



608.935.0211

CRESTRIDGE SENIOR LIVING

219 Grace St., Dodgeville, WI 53533

CrestRidge Senior Living includes assisted living and memory care services. It is the culmination of a vision between local hospital Uplands Hills Health and ElderSpan Management to provide exceptional care and living options to seniors and their families in the charming community of Dodgeville.

This continuum of care campus is designed to keep seniors as independent, active and connected to friends and the local community as possible.



Upland Hills[®] Health

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(Enter from Brookwood Street)

Mount Horeb, WI 53572 • 608.437.8033

Upland Hills Health Spring Green Clinic

156 W. Jefferson St., Spring Green, WI 53588 • 608.588.2600

Upland Hills Health Hospital Campus

800 Compassion Way, Dodgeville WI, 53533
608.930.8000 • www.uplandhillshealth.org

Most insurance plans accepted.

