

Behavioral Health Counseling at Dodgeville Medical Center of Upland Hills Health

Our counselors enjoy working with people of all ages and backgrounds. They help people manage issues like: anxiety, depression, bi-polar disorder, post-traumatic stress disorder (PTSD), schizophrenia, trauma, dementia, borderline personality disorder, and loss/grief.

It's important to us to provide a safe environment where her clients feel supported and validated. Open communication lets clients identify stressors and struggles, along with successes and goals.

Each counselor uses treatment approaches that match well with clients' personalities and struggles. These include cognitive behavioral therapy (CBT), dialectical behavioral therapy (DBT), solution focused treatment, psychoeducation, and motivational interviewing. Our team can also connect clients to more specialized therapy and programming when needed.



Barb Kolb
Licensed Clinical Social Worker



Allison Geisking
Advanced Practice Social Worker

**Dodgeville Medical Center
of Upland Hills Health**
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Upland Hills Health is a (501)(c)3 non-profit organization serving Iowa County and the surrounding area. To ensure the viability of this essential community service, please consider contributing to Upland Hills Health Foundation, by calling (608) 930-7169. Thank you.