

2024 Upland Hills Health Community Run/Walk

Results

Diaper Dash Participants >5
Toddler Trot Participants >15
Kids Run and 1 Mile Participants: 56
5K Run Participants: 54



Kid's Run and 1 Mile:

Female Winner: Lydia Alleman- 7:25** New Course Record!

Male Winner: Nathan Allendorf- 5:52** New Course Record!

Kids Run and 1-Mile Overall Results

Place	Time	Name	Gender	Age
1	5:52	Nathan Allendorf	Male	11
2	6:43	Kruz Burke	Male	8
3	6:57	Finley Maerz	Male	7
4	7:01	Ruger Eveland	Male	8
5	7:04	Reese Mullin	Female	13
6	7:13	Mason Moyer	Male	9
7	7:21	Amber Elvert	Female	42
8	7:25	Lydia Alleman	Female	8
9	7:37	Jensen Hertrampf	Male	12
10	7:38	Ellie Philipps	Female	9
11	7:41	Mya Alleman	Female	6
12	7:42	Ridge Heiring	Male	9
13	7:58	Norah Mullin	Female	11
14	8:04	Porter Philipps	Male	8
15	8:06	Emmalyn Knutpowski	Female	6
16	8:07	Abby Barrios	Female	11
17	8:11	Avah Fargen	Female	9
18	8:27	Riley Orr	Male	6
19	8:28	Amalia Traun	Female	7
20	8:33	Logan Moyer	Male	7
21	8:42	Joshua Zwick	Male	10
22	8:49	Zeke Kellogg	Male	6
23	8:50	Brayden Draves	Male	8
24	8:54	Zain McReynolds	Male	7
25	9:02	Matthew Zwick	Male	6
26	9:07	Remi Eveland	Female	6
27	9:08	Emmalyn Knutpowski	Female	6

28	9:17	Jensen Hertrampf	Male	12
29	9:19	Mae Philipps	Female	5
30	9:20	Claire Reddell	Female	10
31	9:24	Blake Martin	Male	4
32	9:25	Wren Eveland	Female	5
33	9:32	Balam Traun	Male	4
34	9:49	Lily Maerz	Female	6
35	9:51	Brantlee Thomas	Male	10
36	9:57	River Heiring	Male	8
37	10:04	Ayden Lamire	Male	7
38	10:05	Lily Zwick	Female	8
39	10:06	Victoria Garnica	Female	8
40	10:14	Bentlie Campbell	Female	7
41	10:16	Amelia Draves	Female	6
42	10:16	Sasmitha Vinod	Female	8
43	10:31	Colby McIntosh	Male	7
44	10:31	Aarv Routh	0	0
45	10:37	Colt McIntosh	Male	5
46	10:38	Oliver Kunkel	Male	7
47	10:46	Henry Ryberg	Male	7
48	11:08	Alexa Williams	Female	5
49	11:33	Kayln Ley	Female	12
50	11:52	Caden Moyer	Male	4
51	12:34	Molli Moen	Female	34
52	12:36	Eleanor Ryberg	Female	2
53	12:40	Melissa Ryberg	Female	38
54	12:42	Vayda Kellogg	Female	4
55	12:49	Joey Martin	Male	36
56	18:18	Raylee Hertrampf	Female	8

1-4 Year Old Females- Kids Run and 1 Mile

Place	Time	Name	Age
1	12:36	Eleanor Ryberg	2
2	12:42	Vayda Kellogg	4

1-4 Year Old Males- Kids Run and 1 Mile

Place	Time	Name	Age
1	9:24	Blake Martin	4
2	9:32	Balam Traun	4
3	11:52	Caden Moyer	4

5-6 Years Old Females- Kids Run and 1 Mile

Place	Time	Name	Age
1	7:41	Mya Alleman	6
2	8:06	Emmalyn Knutpowski	6
3	9:07	Remi Eveland	6
4	9:08	Emmalyn Knutpowski	6
5	9:19	Mae Philipps	6
6	9:25	Wren Eveland	6
7	9:49	Lily Maerz	6
8	10:16	Amelia Draves	6
9	11:08	Alexa Williams	6

5-6 Years Old Males- Kids Run and 1 Mile

Place	Time	Name	Age
1	8:27	Riley Orr	6
2	8:49	Zeke Kellogg	6
3	9:02	Matthew Zwick	6
4	10:37	Colt McIntosh	5

7-8 Year Old Females- Kids Run and 1 Mile

Place	Time	Name	Age
1	7:25	Lydia Alleman	8
2	8:28	Amalia Traun	7
3	10:05	Lily Zwick	8
4	10:06	Victoria Garnica	8
5	10:14	Bentlie Campbell	7
6	10:16	Sasmitha Vinod	8
7	15:03	Debrashreeta Barch	8
8	18:18	Raylee Hertrampf	8

7-8 Year Old Males- Kids Run and 1 Mile

Place	Time	Name	Age
1	6:43	Kruz Burke	8
2	6:57	Finley Maerz	7
3	7:01	Ruger Eveland	8
4	8:04	Porter Philipps	8
5	8:33	Logan Moyer	7
6	8:50	Brayden Draves	8
7	8:54	Zain McReynolds	7
8	9:57	River Heiring	8

9	10:04	Ayden Lamire	7
10	10:31	Colby McIntosh	7
11	10:38	Oliver Kunkel	7
12	10:46	Henry Ryberg	7

9-12 Year Old Females- Kids Run and 1 Mile

Place	Time	Name	Age
1	7:38	Ellie Philipps	9
2	7:58	Norah Mullin	11
3	8:07	Abby Barrios	11
4	8:11	Avah Fargen	9
5	9:20	Claire Reddell	10
6	11:33	Kayln Ley	12

9-12 Year Old Males- Kids Run

Place	Time	Name	Age
1	5:52	Nathan Allendorf	11
2	7:13	Mason Moyer	9
3	7:37	Jensen Hertrampf	12
4	7:42	Ridge Heiring	9
5	8:42	Joshua Zwick	10
6	9:17	Jensen Hertrampf	12
7	9:51	Brantlee Thomas	10

13+ Year Old Females- Kids Run

Place	Time	Name	Age
1	7:04	Reese Mullin	13
2	7:21	Amber Elvert	42
3	12:34	Molli Moen	34
4	12:40	Melissa Ryberg	38

13+ Year Old Males- Kids Run

Place	Time	Name	Age
1	12:49	Joey Martin	36

5K Run:

Female Winner: Annie Robinson- 19:01** New Course Record!

Male Winner: Greg Alleman- 18:29** New Course Record!

6-10 Years Old Females- 5k Run

Place	Time	Name	Gender	Age
1	51:34	Cortni Averkamp	Female	8

6-10 Year Old Males- 5k Run

Place	Time	Name	Gender	Age
1	27:05	Joshua Menard	Male	10
2	28:47	Finley Maerz	Male	7
3	30:40	Mason Moyer	Male	9
4	30:41	Ruger Eveland	Male	8
5	41:01	Tierman Knutowski	Male	10
6	51:50	Logan Moyer	Male	7

11 to 15 Year Old Females- 5k Run

Place	Time	Name	Gender	Age
1	27:59	Raina Arndt	Female	14
2	28:31	Rose Reuter	Female	15
3	34:26	Makena Moyer	Female	11
4	45:42	Kayln Ley	Female	12
5	45:43	Olivia Slusser	Female	11
6	48:25	Skyla Averkamp	Female	11
7	49:59	Claire Reuter	Female	13
8	50:05	Kayln Ley	Female	12

11 to 15 Year Old Males- 5k Run

Place	Time	Name	Gender	Age
1	18:48	Nolan Allendorf	Male	14
2	22:37	Elijah Fulton	Male	12
3	26:44	Evan Knutowski	Male	14
4	27:02	Cooper Biddick	Male	12
5	27:55	Oscar Garnica	Male	15
6	30:17	Liam Kabat	Male	14

16 to 20 Year Old Females- 5k Run

Place	Time	Name	Gender	Age
1	19:01	Annie Robinson	Female	17
2	29:07	Abigail King	Female	20

21-25 Year Old Males- 5K Run

Place	Time	Name	Gender	Age
1	22:46	Will Miles	Male	23
2	29:08	Matt King	Male	21
3	48:26	Taylor Reuter	Male	24

26-29 Year Old Males- 5K Run

Place	Time	Name	Gender	Age
1	28:14	Jonathan Yancy	Male	28

30 to 35 Year Old Females- 5k Run

Place	Time	Name	Gender	Age
1	20:30	Alli Klein	Female	35
2	26:58	Cristina Trevino	Female	34
3	28:27	Kaci Lanxon	Female	32

30 to 35 Year Old Males- 5k Run

Place	Time	Name	Gender	Age
1	20:22	Patrick Klein	Male	35

36 to 39 Year Old Females- 5k Run

Place	Time	Name	Gender	Age
1	34:26	Danielle Moyer	Female	36
2	43:44	Crystal Lockard	Female	37

36 to 39 Year Old Males- 5K Run

Place	Time	Name	Gender	Age
1	18:29	Greg Alleman	Male	36
2	24:30	Andrew Campbell	Male	38
3	41:01	Balak.Vinod	Male	39

40 to 44 Year Old Females- 5k Run

Place	Time	Name	Gender	Age
1	27:04	Danielle Halverson	Female	42
2	36:32	Karey Menard	Female	40
3	37:33	Kristy Staver	Female	44
4	50:00	Ann Reuter	Female	42
5	51:34	Melissa Averkamp	Female	43

40 to 44 Year Old Males- 5k Run

Place	Time	Name	Gender	Age
1	21:01	Aaron Roelli	Male	44
2	37:33	Nick Averkamp	Male	43

45 to 49 Year Old Females- 5k Run

Place	Time	Name	Gender	Age
1	1:21:46	Jenny Shaw	Male	45

45 to 49 Year Old Females- 5K Run

Place	Time	Name	Gender	Age
1	19:25	Mike Robinson	Male	49

50 to 54 Year Old Females- 5K Run

Place	Time	Name	Gender	Age
1	37:11	Kathryn Heimerl	Female	50

60 to 64 Year Old Females- 5k Run

Place	Time	Name	Gender	Age
1	56:35	Ronda Bowe	Female	60

60 to 64 Year Old Females- 5k Run

Place	Time	Name	Gender	Age
1	29:54	Bob Kaufman	Male	64

65+ Year Old Males- 5k Run

Place	Time	Name	Gender	Age
1	31:28	Thomas Thorison	Male	68

Unknown Age Group- 5K Run

Place	Time	Name	Gender
1	35:30	Leyton Quick	Male
2	35:31	Krista Quick	Female
3	41:00	Kristi Lindner	Female
4	56:36	Rachel Wardell	Female

5K Run/Walk Overall Results

Place	Time	Name	Gender	Age
1	18:29	Greg Alleman	Male	36
2	18:48	Nolan Allendorf	Male	14
3	19:01	Annie Robinson	Female	17
4	19:25	Mike Robinson	Male	49
5	20:22	Patrick Klein	Male	35
6	20:30	Alli Klein	Female	35
7	21:01	Aaron Roelli	Male	44
8	22:37	Elijah Fulton	Male	12
9	22:46	Will Miles	Male	23
10	24:30	Andrew Campbell	Male	38
11	26:44	Evan Knutowski	Male	14
12	26:58	Cristina Trevino	Female	34
13	27:02	Cooper Biddick	Male	12
14	27:04	Danielle Halverson	Female	42
15	27:05	Joshua Menard	Male	10
17	27:55	Oscar Garnica	Male	15
18	27:59	Raina Arndt	Female	14
19	28:14	Jonathan Yancy	Male	28
20	28:27	Kaci Lanxon	Female	32
21	28:31	Rose Reuter	Female	15
22	28:47	Finley Maerz	Male	7
23	29:07	Abigail King	Female	20
24	29:08	Matt King	Male	21
25	29:54	Bob Kaufman	Male	64
26	30:17	Liam Kabat	Male	14
27	30:40	Mason Moyer	Male	9
28	30:41	Ruger Eveland	Male	8
29	31:28	Thomas Thorison	Male	68
30	34:26	Makena Moyer	Female	11
31	34:26	Danielle Moyer	Female	36
32	35:30	Leyton Quick	Male	0
33	35:31	Krista Quick	Female	0

34	36:32	Karey Menard	Female	40
35	37:11	Kathryn Heimerl	Female	50
36	37:33	Nick Averkamp	Male	43
37	37:33	Kristy Staver	Female	44
38	41:00	Kristin Lindner	Female	0
39	41:01	Tierman Knutowski	Male	10
40	41:01	Balak.Vinod	Male	39
41	43:44	Crystal Lockard	Female	37
42	45:42	Kayln Ley	Female	12
43	45:43	Olivia Slusser	Female	11
44	48:25	Skyla Averkamp	Female	11
45	48:26	Taylor Reuter	Male	24
46	49:59	Claire Reuter	Female	13
47	50:00	Ann Reuter	Female	42
48	50:05	Kayln Ley	Female	12
49	51:34	Cortni Averkamp	Female	8
50	51:34	Melissa Averkamp	Female	43
51	51:50	Logan Moyer	Male	7
52	56:35	Ronda Bowe	Female	60
53	56:36	Rachel Wardell	Female	#N/A
54	1:21:46	Jenny Shaw	Female	45