

Breastfeeding Classes



Class Dates

All classes are
6:00-7:30 pm

December 18

January 29

March 12

April 23

May 28

This free class is open to any pregnant woman and her support person, whether this is your first child, or your third.

Class Topics:

- How breastfeeding works
- Latching on and positioning
- When to feed your baby
- How much is enough?
- Breast care
- Breastfeeding lifestyle

Upland Hills Health[®]
Birthing Unit

800 Compassion Way | Dodgeville | uplandhillshealth.org

Please register
by completing
and returning
the form below
or call

608-930-7139



Upland Hills Health BREASTFEEDING CLASS REGISTRATION FORM

Name: _____ Support Person: _____

Address: _____

Telephone #: Home _____ Work _____

Due Date: _____ Physician: _____

Please indicate class you wish to attend: January February March April May June July August September October November December

Please mail this registration form to:

Upland Hills Health, ATTN: Birthing Unit, 800 Compassion Way, Dodgeville 53533